

CURRICULUM VITAE

Name: Shiva Faghih

E-mail: sh_faghih@sums.ac.ir

Place of Birth: Tehran, Iran

Education:

- 1989-1993 BSc. School of paramedical, Ahvaz University of medical science, Iran (Nutrition Science)
- 1995- 1998 MSc. School of health and nutrition, Tabriz University of medical Science, Iran (Nutrition Science)
- 2005- 2010 PhD. School of nutrition and food technology, Shahid Beheshty University of medical Science, Tehran, Iran (Nutrition Science)
- Professional course in biostatistics and epidemiology (Tehran University of Medical Science, MPH course)

Appointments:

- 1993-1995 Ahvaz Razi Hospital (as a nutritionist)
- 2000- 2004 Private clinic (as a dietitian)
- 2006- 2008 Azad University- Ahvaz Branch (teaching basic nutrition and diet therapy)
- 2010- Present Department of community nutrition, School of nutrition and food sciences, Shiraz University of medical science (Faculty member)

Articles:

Faghih Sh, Taleban FA, Abadi A, Ansari N, Trends of overweight and obesity among 14-18 years old urban adolescent girls of senior high schools, Ahvaz, Iran. Iranian journal of diabetes and lipid disorders.2009;4(TUMS ID: 13245).

Faghih Sh, Abadi AR, Hedayati M, Kimiagar SM. Comparison of the effects of cow's milk,

fortified soy milk, and calcium supplement on weight and fat loss, in premenopausal over weight and obese women. Nutrition, Metabolism & Cardiovascular Diseases. 2011;21(7):499-503.

Faghish Sh, Hedayati M, Abadi AR, Kimiagar SM. Comparison of the effects of cow's milk, fortified soy milk, and calcium supplement on plasma adipocytokines in overweight or obese women. Int J Endocrinol Metab. 2010;8(4):188-193.

Ranjbar M, Eftekhari M, Basiratnia M, Rezaeianzade A, **Faghish Sh**. Comparison of appetite regulatory hormones and body composition in pediatric patients in predialysis stage of chronic kidney diseases and healthy control group. IJMS. 2013 (acceptance).

Faghish Sh, Abdolahzade M, Mohammadi M, Hasanzadeh J. Prevalence of vitamin D deficiency and its related factors among University students in Shiraz, Iran. International Journal of Preventive Medicine, 2014;5, (6):796-799.

Faghish Sh, Mohebpour R, Eskandari L. Assessment of the correlation between BMI and Waist circumference, and the snacking pattern and dairy consumption in female students of Shiraz university dormitories. Women's Health Bulletin. 2014 Apr; 1(1): e18906.

Faghish Sh, Hejazi E. Assessment of birth weight and its related factors among infants born in the hospitals of ahwaz jondishapour university. J Health Sci Surveillance Sys 2014; 2 (1): 26-29.

Ranjbar M, Eftekhari M, Basiratnia M, Rezaeianzade A, **Faghish Sh**. Compression of different methods in assessing nutritional status in in pediatric and young adult with chronic kidney disease. Jondishapour journal of medicine. 2014(acceptance).

Elham Rahmani, **Shiva Faghish**, Maryam Teimury, Ziba Kojouri, Yahya Jalilpiran, Masoumeh Akhlaghi. Body Mass Index Is Important Determinant of Blood Pressure in Adolescents. Nutrition and Food Sciences Research 2(4) 2015: 21-28.

Shiva Faghish, Parisa Keshani, Azadeh Salar, Seiedeh Hamideh Rajaei, Zahra Mirzaei, Seyed Mohammad Moosavi, Zeynab Hematdar. Asseament of Obesity, unhealthy food habits and nutritional knowledge of primary school children. : International School Health.2015 april.2(2)

Faghish Sh, Hedayati M, Abadi AR, Kimiagar SM. Effect of energy – restricted diet in combination with calcium supplement or low fat milk on iron status of overweight or obese premenopausal women. Journal health sci surveillancesys. 2015

Keshani P, mousavi SM, mirzaei Z, maayeshi N, mirshekari M, ranjbaran H, **Faghish Sh**, Effect of a school- based nutrition education program on the nutritional of primary school children. Nutrition and food sciences research,2015:3(1)

Abdollah Hojabrimanesh, Masoumeh Akhlaghi1, Elham Rahmani, Sasan Amanat, Masoumeh Atefi, Maryam Najafi, Maral Hashemzadeh, Saedeh Salehi, **Shiva Faghish**. A Western dietary pattern is associated with higher blood pressure in Iranian adolescents. Eur J Nutr 2015.

Azadeh Salar, **Shiva Faghih**, Gholamreza Pishdad, Peyman Rezaie. Comparison of the effects of canola oil and rice bran oil consumption on oxidative stress and blood pressure in postmenopausal type 2 diabetic women. Journal of Nutritional Sciences and Dietetics 2015. 1(4)

Yasamin Fathi, **Shiva Faghih**, Mohammad Javad Zibaeenezhad, Sayed Hamid Reza Tabatabaei. Kefir drink leads to a similar weight loss, compared with milk, in a dairy-rich non-energy-restricted diet in overweight or obese premenopausal women: a randomized controlled trial. Eur J Nutr .2016; 55:295–304.

Azadeh Salar, **Shiva Faghih**, Gholam Reza Pishdad, Rice bran oil and canola oil improve blood lipids compared to sunflower oil in women with type 2 diabetes: A randomized, single-blind, controlled trial. Journal of Clinical Lipidology .2016; 10, 299–305.

Yasamin Fathi, Naeimeh Ghodrati, Mohammad-Javad Zibaeenezhad, **Shiva Faghih**, Kefir drink causes a significant yet similar improvement in serum lipid profile, compared with low-fat milk, in a dairy-rich diet in overweight or obese premenopausal women: A randomized controlled trial. Journal of Clinical Lipidology (2017) 11, 136–146

Julia O. Totosy de Zepetnek , Damion Pollard , Jo M. Welch , Melissa Rossiter , **Shiva Faghih** , Nick Bellissimo. Pre-meal screen-time activities increase subjective emotions, but not food intake in young girls. Appetite 111 (2017) 32-37

Aida Najafi¹, **Shiva Faghih**, Abdollah Hojhabrimanesh, Maryam Najafi, Hadith Tangestani, Masoumeh Atefi,Maryam Teymour, Mahour Salehi, Majid Kamali, Sasan Amanat, Masoumeh Akhlaghi. Greater adherence to the dietary approaches to stop hypertension (DASH) dietary pattern is associated with lower blood pressure in healthy Iranian primary school children. Eur J Nutr. 2017 Mar 21

Atefeh Akrami, Farzad Nikaein, Siavash Babajafari, **Shiva Faghih**, Mohammad Javad Zibaeenezhad. Effects of Flaxseed Oil Consumption on Anthropometric Parameters in the Patients with Metabolic Syndrome: A Randomized Clinical Trial. GMJ.2017;6(1):44-51

Jalilpiran Y, Hezaveh E, Bahmanpour S, **Faghih S**. Healthy Plant Foods Intake Could Protect Against Prostate Cancer Risk: A Case-Control Study. Asian Pac J Cancer Prev. 2017 Jul 27;18(7):1905-1912

Ghobadi S, **Faghih S**. Eating breakfast and snacks while television viewing are associated with some cardio metabolic risk factors among Iranian children. Diabetes Metab Syndr. 2017 Sep 22

Ghobadi S, Totosy de Zepetnek JO, Hemmatdar Z, Bellissimo N, Barati R, Ahmadnia H, Salehi-Marzijarani M, **Faghih S**. Association between overweight/obesity and eating habits while watching television among primary-school children in the city of Shiraz, Iran. Public Health Nutr. 2018 Feb;21(3):571-579

Akrami A, Nikaein F, Babajafari S, **Faghih S**, Yarmohammadi H. Comparison of the effects of flaxseed oil and sunflower seed oil consumption on serum glucose, lipid profile, blood

pressure, and lipid peroxidation in patients with metabolic syndrome. *J Clin Lipidol*. 2018 Jan - Feb;12(1):70-77

Ghobadi S, Hassanzadeh-Rostami Z, Salehi-Marzijarani M, Bellissimo N, Brett NR, Totosy . Association of eating while television viewing and overweight/obesity among children and adolescents: a systematic review and meta-analysis of observational studies.de Zepetnek JO, **Faghah S.** *Obes Rev*. 2018 Mar;19(3):313-320.

Ghobadi S, Hassanzadeh-Rostami Z, Mohammadian F, Nikfetrat A, Ghasemifard N, Raeisi Dehkordi H, **Faghah S.** Comparison of blood lipid-lowering effects of olive oil and other plant oils: a systematic review and meta-analysis of 27 randomized placebo-controlled clinical trials. *Crit Rev Food Sci Nutr*. 2018 Feb.

Shivappa N, R Hébert J, Jalilpiran Y, **Faghah S.** Association between Dietary Inflammatory Index and Prostate Cancer in Shiraz Province of Iran. *Asian Pac J Cancer Prev*. 2018 Feb 26;19(2):415-420.

Jalilpiran Y, Dianatinasab M, Zeighami S, Bahmanpour S, Ghiasvand R, Mohajeri SAR, **Faghah S.** Western Dietary Pattern, But not Mediterranean Dietary Pattern, Increases the Risk of Prostate Cancer. *Nutr Cancer*. 2018 Aug-Sep;70(6):851-859.

Parisa Keshani, Moosa Salehi, Mohammad Hossein Kaveh, Shiva Faghah. Self-efficacy and cues to action: two main predictors of modified version of diet quality index in Iranian adolescents. *Progress in Nutrition* 2018; Vol. 20, N. 2: 197-204.

Atefi M, Pishdad GR, **Faghah S.** The effects of canola and olive oils on insulin resistance, inflammation and oxidative stress in women with type 2 diabetes: a randomized and controlled trial. *J Diabetes Metab Disord*. 2018 May 23;17(2):85-91.

Hamide Rajaie, Nick Bellissimo, Sareh Keshavarzi, Shiva Faghah. The effect of calcium and vitamin D supplementation on body composition and weight reduction: a randomized, triple-blind, controlled trial. *Progress in Nutrition* 2018; Vol. 20, Supplement 2: 153-162.

Hematdar Z, Ghasemifard N, Phishdad G, **Faghah S.** Substitution of red meat with soybean but not non- soy legumes improves inflammation in patients with type 2 diabetes; a randomized clinical trial. *J Diabetes Metab Disord*. 2018 Aug 17;17(2):111-116.

Masoumeh Atefi, Gholam Reza Pishdad, Shiva Faghah. Canola oil and olive oil impact on lipid profile and blood pressure in women with type 2 diabetes: a randomized, controlled trial. *Progress in Nutrition* 2018; Vol. 20, Supplement 1: 102-109.

Faghah S, Babajafari S, Mirzaei A, Akhlaghi M. Adherence to the dietary approaches to stop hypertension (DASH) dietary pattern and mental health in Iranian university students. *Eur J Nutr*. 2019 Apr 24.

Ghobadi S, Rostami ZH, Marzijarani MS, **Faghah S.** Association of Vitamin D Status and

Metabolic Syndrome Components in Iranian Children. Int J Prev Med. 2019 May 17;10:77.

Hassanzadeh-Rostami Z, Hemmatdar Z, Pishdad GR, **Faghah S**. Moderate Consumption of Red Meat, Compared to Soy or Non-Soy Legume, Has No Adverse Effect on Cardio-Metabolic Factors in Patients with Type 2 Diabetes. Exp Clin Endocrinol Diabetes. 2019 Jun 17.

Zareie M, Abbasi A, **Faghah S**. Thermal Stability and Kinetic Study on Thermal Degradation of Vitamin D₃ in Fortified Canola Oil. J Food Sci. 2019 Sep;84(9):2475-2481.

Ghobadi S, Hassanzadeh-Rostami Z, Mohammadian F, Zare M, **Faghah S**. Effects of Canola Oil Consumption on Lipid Profile: A Systematic Review and Meta-Analysis of Randomized Controlled Clinical Trials. J Am Coll Nutr. 2019 Feb;38(2):185-196.

Keshani P, Hossein Kaveh M, **Faghah S**, Salehi M. Improving diet quality among adolescents, using health belief model in a collaborative learning context: a randomized field trial study. Health Educ Res. 2019 Jun 1;34(3):279-288.

Ghobadi, S., Hassanzadeh-Rostami, Z., Mohammadian, F., ...Raeisi Dehkordi, H., **Faghah, S**. Comparison of blood lipid-lowering effects of olive oil and other plant oils: A systematic review and meta-analysis of 27 randomized placebo-controlled clinical trials. Critical Reviews in Food Science and Nutrition, 2019, 59(13), pp. 2110-2124.

Najafi, M., Mozaffari, H., Yahya jalilpiran,, ...Teymouri, M., **Faghah, S**. The associations between dietary patterns and cardiovascular risk factors among adults: A cross-sectional study. Clinical Nutrition ESPEN, 2020.

Kohanmoo, A., **Faghah, S**., Akhlaghi, M., Effect of short- and long-term protein consumption on appetite and appetite-regulating gastrointestinal hormones, a systematic review and meta-analysis of randomized controlled trials. Physiology and Behavior, 2020, 226, 113123.

Ghasemifard, N., Nasimi, N., Hassanzadeh-Rostami, Z., Abbasi, A., **Faghah, S**. Effects of vitamin D fortified canola oil on vitamin D and lipid profiles in healthy adults: A double-blind randomized trial. Iranian Journal of Nutrition Sciences and Food Technology, 2020, 15(2), pp. 1-10.

Hassanzadeh-Rostami, Z., Abbasi, A., **Faghah, S**. Effects of biscuit fortified with whey protein isolate and wheat bran on weight loss, energy intake, appetite score, and appetite regulating hormones among overweight or obese adults. Journal of Functional Foods, 2020, 70, 103743.

Najafi, M., Mozaffari, H., Yahya jalilpiran,, ...Teymouri, M., **Faghah, S**. The associations between dietary patterns and cardiovascular risk factors among adults: A cross-sectional study. Clinical Nutrition ESPEN, 2020, 40, pp. 300–308.

Ofori-Asenso, R., Mohsenpour, M.A., Nouri, M., **Faghah S**, ...Liew, D., Mazidi, M. Association of Spicy Chilli Food Consumption With Cardiovascular and All-Cause Mortality: A Meta-Analysis of Prospective Cohort Studies. *Angiology*, 2021.

Hassanzadeh-Rostami, Z., **Faghah, S**. Effect of Dietary Fiber on Serum Leptin Level: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. *Experimental and Clinical Endocrinology and Diabetes*, 2021, 129(4), pp. 322–333.

Ghaziani, S., Ghodsi, D., Dehbozorgi, G., **Faghah S**, ...Ranjbar, Y.R., Doluschitz, R.. Comparing lab-measured and surveyed bread waste data: A possible hybrid approach to correct the underestimation of household food waste self-assessment surveys. *Sustainability (Switzerland)*, 2021, 13(6), 3472.

Hassanzadeh-Rostami, Z., Hemmatdar, Z., Pishdad, G.R., **Faghah, S**. Moderate Consumption of Red Meat, Compared to Soy or Non-Soy Legume, Has No Adverse Effect on Cardio-Metabolic Factors in Patients with Type 2 Diabetes. *Experimental and Clinical Endocrinology and Diabetes*, 2021, 129(6), pp. 429–437.

Jalilpiran, Y., Mehranfar, S., Jafari, A., Mohajeri, S.A.R., **Faghah, S**. Dietary energy density and risk of prostate cancer: (A case-control study). *Clinical Nutrition ESPEN*, 2021, 43, pp. 342–347.

Siervo M, Rubele S, Shannon OM, Prado CM, Donini LM, Zamboni M, Homayounfar R, Farjam M, **Faghah S**, Mazidi M. Prevalence of sarcopenic obesity and association with metabolic syndrome in an adult Iranian cohort: The Fasa PERSIAN cohort study. *Clin Obes*. 2021 May.

Influence of Storage Conditions on the Stability of Vitamin D3and Kinetic Study of the Vitamin Degradation in Fortified Canola Oil during the Storage. *Journal of Food Quality*.2021

The effects of nutritional support baskets on growth parameters of under five years old children with malnutrition and low socio-economic status. *Journal of Tropical Pediatrics*. 2021 Jan 29;67(1).

Ahmadniay Motlagh H, Aalipanah E, Mazidi M, **Faghah S**. Effect of flaxseed consumption on central obesity, serum lipids, and adiponectin level in overweight or obese women: A randomised controlled clinical trial. *International Journal of Clinical Practice*. 2021 Oct;75(10):e14592.

Derakhshandeh-Rishehri SM, Ghobadi S, Akhlaghi M, **Faghah S**. No adverse effects of dairy products on lipid profile: A systematic review and meta-analysis of randomized controlled clinical trials. *Diabetes and Metabolic Syndrome: Clinical Research and Reviews*. 2021 Nov-Dec;15(6):102279.

Rajaie H, Rabiee MR, Bellissimo N, **Faghah S**. Independent and Combined Effects of Calcium and Vitamin D Supplementation on Blood Lipids in Overweight or Obese Premenopausal Women: A Triple-Blind Randomized Controlled Clinical Trial. *Int J Prev Med*. 2021 May 27;12:52.

Mohammadi S, Mazloomi SM, Niakousari M, Ghaem Far Z, Azadi A, Yousefinejad S, Jafari P, **Faghah S.** Evaluating the effects of dark chocolate formulated with micro-encapsulated fermented garlic extract on cardio-metabolic indices in hypertensive patients: A crossover, triple-blind placebo-controlled randomized clinical trial. *Phytotherapy Research*. 2022 Apr;36(4):1785-1796.

Association of Peers Influence, Home Food Environment and Out of Home Food Environment with Obesity in School-Aged Adolescents in Iran. *Health Education and Health Promotion*. 2022, 10(3): 451-457.

Association between Food Insecurity and Weight Disorders of Children and Adolescents in Iranian Population: A Systematic Review and Meta-Analysis. *Journal of Nutrition and Food Security*. 2022, 7(2): 237-247.

Rajabzadeh-Dehkordi M, Mohammadi-Nasrabadi F, Nouri M, Ahmadi A, **Faghah S.** Determinants and consequences of food insecurity in families having children under the age of 2 years. *Nutrition and Health*. 2022 Nov 22:2601060221135923.

The effects of formal nutrition education on anthropometric indices, lipid profile, and glycemic control of patients with type 2 diabetes: a systematic review and meta-analysis. *International Journal of Diabetes in Developing Countries*. (2022) **42**, pages 395–411.

Ghaziani S, Ghodsi D, Schweikert K, Dehbozorgi G, **Faghah S.**, Mohabati S, Doluschitz R. Household Food Waste Quantification and Cross-Examining the Official Figures: A Study on Household Wheat Bread Waste in Shiraz, Iran. *Foods*. 2022 Apr 19;11(9):1188.

Ghasemifard N, Hassanzadeh-Rostami Z, Abbasi A, Naghavi AM, **Faghah S.** Effects of vitamin D-fortified oil intake versus vitamin D supplementation on vitamin D status and bone turnover factors: A double blind randomized clinical trial. *Clinical Nutrition ESPEN*. 2022 Feb;47:28-35.

Mirjalili F, Rezazadegan M, Jalilpiran Y, Mousavi SM, Jafari A, Mohajeri SAR, **Faghah S.** The Association between Dietary Diversity Score and Risk of Prostate Cancer: (A Case-Control Study). *Nutrition and Cancer*. 2022;74(4):1270-1278.

Perceived Barriers to Weight Loss: A Qualitative Study of the Lived Experiences of Women with Obesity in Shiraz. *Journal of Nutrition and Food Security*. 2022, 7(1): 60-68.

Kohansal A, Zangene A, Turki Jalil A, Hooshang H, Leilami K, Gerami S, Najafi M, Nouri M, **Faghah S.** Association between plant and animal proteins intake with lipid profile and anthropometric indices: A cross-sectional study. *Nutrition and Health*. 2022 Jun 3:2601060221104311.

Derakhshandeh-Rishehri SM, Ghobadi S, Akhlaghi M, **Faghah S.** The effect of calcium supplement intake on lipid profile: a systematic review and meta-analysis of randomized controlled clinical trials. *Critical Reviews in Food Science and Nutrition*. 2022;62(8):2093-2102.

Association of plant-based diets with lipid profile and anthropometric indices: a cross-sectional study. *Nutrition and Food Science*. 2022; 52(5):830-842.

Derakhshandeh-Rishehri SM, Keshavarz K, Ghodsi D, Pishdad G, **Faghah S.** Cost-Effectiveness Analysis of Group vs. Weblog Telecommunication (Web Tel) Nutrition Education Program on Glycemic Indices in Patients With Non-Insulin Dependent Diabetes Mellitus Type 2: A Randomized Controlled Trial. *Frontiers in Nutrition*. 2022 Jun 24;9:915847.

Nouri M, Mohsenpour MA, Katsiki N, Ghobadi S, Jafari A, **Faghah S.**, Banach M, Mazidi M. Effect of Serum Lipid Profile on the Risk of Breast Cancer: Systematic Review and Meta-Analysis of 1,628,871 Women. *Journal of Clinical Medicine*. 2022 Aug 2;11(15):4503.

Effect of curcumin on body mass index and glycemic indices in females with PCOS: a systematic review and meta-analysis of randomized controlled trial. *Nutrition and Food Science*

Ghaziani S, Ghodsi D, Schweikert K, Dehbozorgi G, Rasekhi H, **Faghah S.**, Doluschitz R. The Need for Consumer-Focused Household Food Waste Reduction Policies Using Dietary Patterns and Socioeconomic Status as Predictors: A Study on Wheat Bread Waste in Shiraz, Iran. *Foods*. 2022 Sep 17;11(18):2886.

A Randomized Controlled Trial to Compare the Cost-effectiveness of Group Versus Weblog-telecommunication Nutrition Education Program on Glycemic, Lipids, and Anthropometric Control of Patients with Type-2 Diabetes: Study Protocol. *Journal of Health Sciences and Surveillance System*. 2022;10(4):510-517.

Lotfi M, Nouri M, Turki Jalil A, Rezaianzadeh A, Babajafari S, Ghoddusi Johari M, **Faghah S.** Plant-based diets could ameliorate the risk factors of cardiovascular diseases in adults with chronic diseases. *Food Science and Nutrition*. 2022 Dec 8;11(3):1297-1308.

Riasatian M, Karimian Z, Mohsenpour MA, **Faghah S.**. Effects of nutrition education via a mobile-based game on nutritional knowledge, dietary habits and anthropometric indices in preschool children: A study protocol. *MethodsX*. 2023 Mar 2;10:102104

Nouri M, Shateri Z, **Faghah S.** The relationship between intake of fruits, vegetables and dairy products with overweight and obesity in a large sample in Iran: Findings of STEPS 2016. *Frontiers in Nutrition*. 2023 Jan 17;9:1082976.

Hassanzadeh-Rostami Z, Ghobadi S, **Faghah S.** Effects of whole grain intake on glucagon-like peptide 1 and glucose-dependent insulinotropic peptide: a systematic review and meta-analysis. Nutrition reviews. 2023 Mar 10;81(4):384-396.

Nouri M, Soltani M, Rajabzadeh-Dehkordi M, Rafieipour N, Askarpour M, Najafi M, **Faghah S.** Dietary Antioxidant Capacity Indices are Negatively Correlated to LDL-Oxidation in Adults. Int J Clin Pract. 2023 Mar 13; 5446163.

Abstracts

- 1- Faghah Sh, Eghesadi Sh , Dastgiri s, Assessment of nutritional status and growth pattern of 14-18 years old urban adolescent girls in Ahvaz senior high schools 1997. 8th Asian Congress of nutrition, Korea, P: 455
- 2- Faghah Sh, Ansari N, Effect of weight loss on plasma lipids and glucose in patients with type 2 diabetes, I world congress of public health nutrition, 2006, Barcelona, P: 232
- 3- Ansari N, Faghah Sh, Hejazi E, Assessment of the prevalence of overweight and underweight among adolescent girls in Ahwaz senior high schools 2006, I world congress of public health nutrition, 2006, Barcelona, P: 110
- 4- Ansari N, Faghah Sh, Hejazi E, Trends of overweight and obesity among 11-18 years old urban adolescent girls in Ahvaz high schools 1997-2006,14th congress of the federation of endocrinology societies,2007,Malaysia,p:105
- 5- Shiva Faghah, Parisa Keshani, Azadeh Salar, Seiedeh Hamideh Rajaei, Zahra Mirzaei, Seyed Mohammad Moosavi, Zeynab Hematdar. Obesity, unhealthy food habits and nutritional knowledge of primary school children in Shiraz Iran, 2013. 3rd ASN Middle East Congres, 2014, Dubai, UAE
- 6- Faghah SH, Rajaei S.H. Suplemention with calcium or vitamin D does not affect weight loss in overweight women (12th European Nutrition Conference). 12th European nutrition conference. FENS 2015

Dissertation:

Assessment of nutritional status and growth pattern of 14-18 years old urban adolescent girls in Ahvaz senior high schools 1997.

Thesis subject:

Comparison of the effects of combination of low calorie diet and cow milk, calcium fortified soy milk, and calcium supplement on anthropometric indices, adipocytokins, blood pressure, and insulin resistance in premenopausal overweight or obese women.

Revised date: 25, April, 2023